

Olive Leaf Australia's Extract shows promise for cardiovascular disease

In a presentation made at the American Heart Association's 7th Annual Conference in Denver USA, RMIT University researchers described the promising cardioprotective effects of an Australian olive leaf extract, which significantly reduced blood platelet aggregation in laboratory investigations.

Indu Singh, who led the research team at Melbourne's RMIT University, was strongly encouraged by the findings. "Polyphenols from this olive leaf extract significantly inhibited platelet aggregation in the laboratory. This has important benefits as the anti-platelet effects in olive leaves may offer a degree of protection from thrombosis and other cardiovascular diseases."

The findings, which have since been published in the medical journal, *Nutrition, Metabolism & Cardiovascular Diseases*, are yet another positive result in the mounting evidence for these unique liquid olive leaf extracts, made from fresh olive leaves, for maintaining cardiovascular health and normal heart function.

The new findings follow Australian and European research linking the polyphenols in olive leaves to lowered blood pressure and antibacterial, anti-inflammatory and antioxidant effects.

Olive Leaf Australia's Corporate Development Director, Julian Archer, said he was excited about the results generated by one of his company's products. "We receive many reports from customers whose doctors are very happy with the cardiovascular and heart health benefits their patients are receiving from using the product. It is very encouraging to see scientific studies supporting this and we expect results from further comprehensive clinical trials in the near future."

"Australia continues to grow its expertise in the research of natural health products and expects to benefit from the recent Federal Budget announcement of substantial increases in funding for university research," said Mr Archer.

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For further information relating to the scientific findings or Olive Leaf Australia's products contact: Julian Archer, Corporate Development Director, Olive Leaf Australia
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High resolution electronic photographs available.