

Healthy Body, Healthy Mind

Experience winter health benefits of olive leaf extract



WITH health concerns on the increase and the winter cold chilling us to the bone, our bodies need to be more resilient than ever – and one way to keep yourself in optimum health lies in the natural goodness of the olive tree.

Renowned for its remarkable health giving properties, the olive tree has flourished for thousands of years, fighting off centuries of heat and cold, and viral, bacterial and fungal attacks.

The tree's longevity can be attributed to compounds in the leaf itself, including antioxidants and a number of other natural health

defence compounds.

Olive Leaf Australia's olive leaf extract supplement is made in Australia from premium fresh picked leaves (not dried or reconstituted), and because of this freshness, purity and quality, the extracts:

- have more than 30 times the cell-protecting

antioxidants of extra virgin olive oil and 400 per cent the antioxidants of vitamin C;

- are 100 per cent natural, fast acting and multipurpose; and
- contain a broad spectrum of natural phytonutrients.

Antioxidants protect the body from harmful free radical damage,

relieve fevers, and improve quality of sleep and energy levels.

Results from the use of this extract can typically be seen within 20 days.

The friendly and knowledgeable staff at The Olive Health Foods are happy to consult with you and help you select the best product for your needs.

Olive Leaf Australia's olive leaf extract comes in a range of varieties, package sizes, and flavors to suit every member of the family, including oral spray, capsules, and a mixed berry flavored extract for children.

The Olive Health Foods is situated at 1/61 Ovens Street in Wangaratta.

>>> NATURAL WONDER: THE OLIVE HEALTH FOODS OWNER, MICHELLE LILLEY, WITH THE VARIETY OF OLIVE LEAF EXTRACT PRODUCTS AVAILABLE FROM HER STORE.

As seen on Today Tonight

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